Checkendon Equestrian Centre

Lovegrove's Lane

Checkendon

Reading RG8 0NE

Telephone: 01491-680225 BHS Approved

[www.checkendonequestrian.co.uk](http://www.checkendon.toucansurf.com)

*email: linda@checkendonequestrian.co.uk*

**EQU LEVEL 1 CERTIFICATE IN**

**BRITISH HORSE SOCIETY(BHS) KNOWLEDGE AND CARE**

**7pm to 8pm starting 4th March**

Unit 1 – Brushing off Horses including putting on and taking off equipment.

Unit 2 - Horse Husbandry, Identification and Handling.

Unit 3 - The Principles of caring for horses.

There is an expectation that students will do extra hours of practice/study in their own time to ensure they reach the appropriate standard required for the exam. It is the responsibility of the candidate to register with the BHS for the exam (see website [www.bhs.org.uk](http://www.bhs.org.uk) for fees and dates)

Students can choose to attend individual weeks or the entire course.

Weeks 1 to 9 will cost £25 each

Week 10 will cost £40

Weeks 1-10 will cost £250 if paid for in advance (this will be non-refundable)

**Week 1 – Unit 1**

Handling the horse in the stable – to include

1. tying up safely
2. Identification of grooming kit and its use’s
3. Reasons to groom
4. Putting on and taking off tail bandage – reason for use
5. Putting on and taking off variety of rugs – identify their uses
6. Health and Safety

**Week 2 – Unit 1**

Fitting of tack and rugs including martingales and breastplates.

1. Its care
2. Identify parts of saddle and bridle
3. Recognising worn and/or damaged tack
4. Consequences of using worn or damaged equipment
5. Fitting rugs
6. Health and Safety

**Week 3 – Unit 2**

Horse Identification

1. Colours
2. Marking
3. Stand up for inspection both in and out of the stable
4. Holding a horse for treatment /clipping
5. Lead and turn a horse in walk and trot
6. Health and Safety

**Week 4 – Unit 2**

Horse Husbandry, looking after the horse’s bed

1. Types of bedding, and their uses
2. How to look after different types of bedding
3. Mucking out
4. Skipping out, setting the bed fair
5. Building and maintaining a muck heap
6. Health and Safety

**Week 5 – Unit 3**

Horse Health

1. What to look for in am/pm inspections with regard to horse care and safety
2. Signs of good/ill health
3. Understand the importance of reporting when the horse is unwell
4. Describe accident procedure
5. Identify fire procedure

**Week 6 – Unit 3**

Horse Behaviour

1. Horses Natural Behaviour
2. Actions caused by its survival instincts
3. Dangerous horse behaviour in the stable, the school, the field and/or whilst riding
4. Health and Safety
5. Aims and role of the British Horse Society

**Week 7 – Unit 3**

Grass land care

1. Daily checks
2. Turning out a horse
3. Catching a horse
4. Recognise a horse sick field
5. Care of field – reducing the damage in the winter

**Week 8 and 9 Units 2 and 3**

Watering and Feeding

1. Rules of feeding/watering
2. Know and recognise various types of fodder
3. Know how to recognise good and bad quality feed stuffs
4. Recognise hay/haylages and there uses
5. Fill and hang a hay net
6. Discuss suitable diets for horses and ponies, both stabled or at grass in light work
7. Feeding/watering methods both in the stable and field.

**Week 10**

2 hour mock assessment

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**EQU LEVEL 1 CERTIFICATE IN**

**BRITISH HORSE SOCIETY(BHS) RIDING HORSES**

**6pm to 7pm starting 4th March**

Unit 1 - Riding Horses on the flat and over ground poles in the light seat.

It is expected that the student will be able to walk, trot and canter before taking this course

It is the responsibility of the candidate to register with the BHS for the exam (see website [www.bhs.org.uk](http://www.bhs.org.uk) for fees and dates).

Students can choose to attend individual weeks or the entire course.

Weeks 1 to 9 will cost £33 each

Weeks 1 to 9 will cost £280 if paid for in advance(this will be non-refundable)

**Weeks 1 to 8**

Lead horse effectively in both walk and trot

Mount and dismount correctly

Adjust both girth and stirrups whilst mounted

Carry a short whip whilst riding

Maintain a correct secure and balanced position whilst in walk, trot and canter with stirrups

Maintain a correct secure and balanced position in walk and trot without stirrups

Maintain a correct balanced position in preparation for jumping working over poles

A basic but effective use of natural aids, and use of appropriate techniques to achieve correct canter lead.

Correct trot diagonal

**Week 5 onwards**

Work over poles will be included

**Week 6 onwards**

Riders will change horses within the session

**Week 9**

Mock assessment.